

CLINICAL CONSIDERATIONS: RHS-15 REFERRAL

Timing:

Referral for more support is offered directly after the health worker has completed the scoring of the RHS-15. If a patient has screened at or above the cut-off scores as indicated on the RHS-15, we recommend proceeding directly to completing a referral.

Referral Offer:

“From your answers on the questions, it seems like you are having a difficult time. You are not alone. Lots of refugees experience sadness, too many worries, bad memories, or too much stress because of everything they have gone through and because it is so difficult to adjust to a new country. In the United States, people who are having these types of symptoms sometimes find it helpful to get extra support. This does not mean that something is wrong with them or that they are crazy. Sometimes people need help through a difficult time. I would like to connect you to a counselor. This is a type of healthcare worker who will listen to you and provide help and support. This person keeps everything you say confidential, which means they cannot by law share the information with anyone without your agreement. Are you interested in being connected to these services?”

NO _____ YES _____

If client agrees to services: *“Can we take a couple of minutes to complete our referral form? I will refer you to an agency and they will be contacting you, is this okay with you. Someone will call you in your language and describe the type of support they can offer you. They will call you in the next few days to give you the appointment date and location of the appointment so you can find out if it is the right service for you.”*

IF YES, PROCEED TO COMPLETE REFERRAL FORM
{make sure you complete the entire form }

Notes from conversation:

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Pathways to Wellness: Integrating Community Health and Well-being is a project of Lutheran Community Services Northwest, Asian Counseling and Referral Services, Public Health Seattle & King County, and Dr. Michael Hollifield. For more information, please contact Beth Farmer at 206-816-3252 or bfarmer@lcsnw.org.

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